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# The Mastery Of Love A Practical Guide To Art Relationship Toltec Wisdom Book Miguel Ruiz

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SECRETS TO A LASTING LOVING RELATIONSHIP | Book Review: The Mastery of Love by Don Miguel Ruiz

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The Mastery of Love includes: 1. Why domestication and the image of perfection lead to self-rejection 2. The war of control that slowly destroys most relationships 3. Why we hunt for love in others, and how to capture the love inside us 4. How to finally accept and forgive ourselves and others

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In The Mastery of Love, don Miguel Ruiz illuminates the fear-based beliefs and assumptions that undermine love and lead to suffering and drama in our relationships. Using insightful stories to bring his message to life, Ruiz shows us how to heal our emotional wounds, recover the freedom and joy that are our birthright, and restore the spirit of playfulness that is vital to loving relationships.

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When you are aware that no one else can make you happy, and that happiness is the result of your love, this becomes the greatest mastery of the Toltec: the Mastery of Love.

### ProgressiveChristianity.org: The Mastery of Love A ...

Don Miguel Ruiz, The Mastery of Love "To master a relationship is all about you. The first step is to become aware, to know that everyone dreams his own dream. Once you know this, you can be responsible for your half of the relationship, which is you.

## 12 Empowering Don Miguel Ruiz Quotes from The Mastery of Love

'The mastery of love - A practical guide to the art of relationship' is a holistic book: it integrates mind, soul, body and emotions through the thread of love. This book gives you a profound insight on human relationships and specifically on romantic relationships - how we conduct them and what we want from them.

# The Mastery Of Love

The Mastery of Love Quotes Showing 1-30 of 113. "You don't need to justify your love, you don't need to explain your love, you just need to practice your love. Practice creates the master.". — Don Miguel Ruiz, The Mastery of Love: A Practical Guide to the Art of Relationship. tags: love, mastery, practice.

# The Mastery of Love Quotes by Miguel Ruiz Goodreads

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The Mastery of Love is the result of the first two masteries. From the Toltec perspective, everything is made of love. Love is Life itself. When we master love, we align with the Spirit of Life passing through us. We are no longer the body, or the mind, or the soul, we are Love. Then every action we take is an expression of love, and love in ...

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Review From User: Mastery of Love is one of the most influential books I have ever read. I recommend it to all of my girl friends and I think every guy should read it as well. Ruiz also wrote The Four Agreements...very good read but I liked Mastery of Love more b/c as a girl that has grown up in a (pleasantly) divorced family, I am a skeptic of love and it's hard for me to open up.

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The psychologist John Gottman was one of those researchers. For the past four decades, he has studied thousands of couples in a quest to figure out what makes relationships work.

### The Secret to Love Is Just Kindness - The Atlantic

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### "The Master Key System"

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