

Research Paper On Phobias

Social Anxiety Disorder Phobias Anxiety: A Very Short Introduction Specific Phobias Social Phobia Practitioner's Guide to Empirically Based Measures of Anxiety Phobias Phobias Panic and Phobias Mastering Your Fears and Phobias Fears and Phobias Fears, Phobias and Rituals The Human Amygdala Phobias The Role of Behavioral and Cognitive Theory in Phobia Development and Extinction A Study of Fears International Handbook of Cognitive and Behavioural Treatments for Psychological Disorders The Cambridge Handbook of Anxiety and Related Disorders Panic and Phobias 2 Fighting Phobias, The Things That Go Bump in the Mind

~~The Anxiety \u0026 Phobia Workbook! Yes! How do we create phobias and anxieties~~

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A phobia is an unrealistic, intense fear, which can interfere with one's abilities to socialize, work and interact with people and objects in everyday life. It is tied to a particular object, person or situation. The paper will discuss the features, causes and effects of phobias as well as possible methods to resolve the problem.

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Phobia Research Paper. Topics: Anxiety, Phobia, Fear Pages: 6 (2243 words) Published: April 30, 2010. Known as a mental disorder a phobia is a persistent fear of a specific object, activity, or situation that leads to compelling desire to avoid it. Phobias tend to affect the way people live their lives, for example, their working and social environments, considering that they last for a very long time and are capable to cause intense psychological physical stress.

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Phobias Research Paper Outline. I. Specific Phobia. The Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, (DSM-IV, the primary... II. Social Phobia. Although fears in the presence of others have been described for centuries and have been addressed in... III. Agoraphobia. The ...

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Research Paper on Fears and Phobias Fear is a reaction of the body to dangerous situations in society or a direct threat to life. The word "phobia" originates from Greek "phobos," fear. Thus, from the linguistic point of view, fears and phobias are one and the same.

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Phobias Fear is a normal and an important human reaction to something dangerous, it keeps one out of danger, because fear is disliked and one tries ones best to avoid the object or situation of fear. It causes physical changes known as fight-or-flight reaction, which causes blood pressure to increase and the heart rate to speed up to pump blood to the large muscles used to run away, to balance this the human body has sweat glands which produce perspiration to cool the body.

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According to the field of psychology, a phobia is characterized as an anxiety disorder. It is described as a strong, irrational fear of an object, situation or activity. The feelings produce feelings of anxiety from mild to extremely severe. Mild anxiety in reaction to a phobia is typically ignored and often joked about by friends and family.

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Researchers have found that first-degree relatives of someone suffering from a phobia are approximately three times more likely to develop a phobia. According to the findings, twin studies showed that when one twin has agoraphobia, the second twin has a 39% chance of developing the same phobia.

~~Mental Health Research on the Genetics of Phobias~~

Essays on Fear There are numerous forms of phobia and every individual on earth fears at least something. Nervousness and anxiety are normal human emotions. Some people experience them so deeply that they act irrationally.

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Types of Phobias Types of phobias research papers discuss the powerful and devastating human emotion of fear caused by phobias. Fear can be one of the most powerful and devastating human emotions. Phobias are describes as irrational fears that can be quite crippling for the individual.

~~Types of Phobias Research Paper Topic Idea~~

The definition for phobia is "an abnormal or morbid fear or aversion" ("Oxford" 655). To be considered a phobia, a fear must cause great distress or interfere with a person's life in a major way. The word phobia is Greek, therefore, any word that proceeds it should be Greek too. To coin a new phobia name, it is proper and only accepted ...

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The research deals with the problem of phobias, the types of this irrational behavior, the history of research as well as the key founders and co-researchers who contributed significantly to studying this psychotic disorder. It was also studied whether phobias have relationship with age and gender of those being prone to the disorder.

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Figuring out phobia Researchers are using neuroimaging techniques to delve into the neurobiological underpinnings of phobias, with a view to improving treatments.

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PHOBIAS: Survey subjects to see if they have any phobias.... if so what are they afraid of? What is the most common phobia? The ones i have so far that seem to be the top 5 are Fear of Clowns....Fear of the dentist (DENTOPHOBIA).....fear of the dark (ARCHLUOPHOBIA)....fear of heights (HYPSIPHOBIA).....fear of spiders (ARACHNOPHOBIA)

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