

Microadventures Local Discoveries For Great Escapes Alastair Humphreys

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Microadventures Local Discoveries For Great Escapes Illustrated by Humphreys, Alastair (ISBN: 9780007548033) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

Microadventures: Local Discoveries for Great Escapes ... Great book, so far I find my mind wandering and thinking about what microadventures I can plot and plan. Defo a book that gives you food for thought. Not intimidating and definitely makes adventure seem possible.

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Microadventures - Alastair Humphreys Getting out into the wild, if only for one night, is enjoyable, invigorating and important.". "Microadventures: Local Discoveries, Great Escapes" is the newly released book by Al and is jam packed with inspiration, ideas and suggestions for getting outdoors and creating a good work/life balance.

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